

Traditional Cuisine from Beira

Fall/Winter Menu



The classics of Portuguese Cuisine at Beira Alta.

We have reached the season of heavy rain and skin-cracking cold. The days are short and beg for comfort. In Beira Alta, the fireplace brings warmth and, in the eves, people crack nuts over the sound of the crackling wood.

In the dense pine forests, the wild mushrooms sprout slyly from the earth and in the vegetable garden the Portuguese cabbages face the frost.

It's time for pomegranates, persimmons and quinces. To smoke things by the fireplace. And to harvest turnip greens in the crowded turnip fields.

In the lands of Beira, it is also time for the precious pruning of the vines and to prepare for the intense olive harvest.

The respect for the region's gastronomic richness is one of the values of our team, which is combined with local products and results in an authentic menu that honors customs and traditions.

Welcome to Quinta de Cabriz,

Comfort food, in the lands of Beira.

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APPETIZERS

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| Seasoned Galician Olives, Bread Assortment and a Gift from the Chef | 1,50€ |
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STARTERS

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| Soup of the Day | 3,50€ |
| Sautéed Mushrooms with Rosemary | 6,00€ |
| Pastry with Cheese from Serra da Estrela and Honey | 6,00€ |
| Scrambled Eggs with <i>Farinheira</i> (Pork and Flour Sausage) | 6,00€ |
| Codfish Cakes | 6,50€ |
| Fried <i>Alheira</i> (Pork and Bread Sausage) | 7,00€ |
| Braised Blood Sausage with Pineapple and Coriander | 7,50€ |
| <i>Chourizo</i> Cooked in Red Wine | 8,00€ |
| <i>Alheira</i> and <i>Migas</i> (Sausage with Young Goat and Bread with Corn Bread) | 8,50€ |
| Scrambled Eggs with Green Asparagus | 9,50€ |
| <i>Huevos Rotos à la Cabriz</i> | 9,50€ |
| Octopus Salad | 10,00€ |
| Shiitake and Bread Sausage with Arugula and Truffles | 11,00€ |
| Sautéed Green Asparagus | 12,50€ |
| Shrimp Sautéed with Garlic | 55,00€/KG |

KIDS MENU

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| Soup Steak with French Fries and Rice Ice Cream (One Beverage Included) | 15,00€ |
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FISH

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| Brothy Rice with Codfish Tongue and Coriander | 18,00€ |
| Steamed Sea Bass, Sautéed Vegetables and Roasted Potatoes | 18,00€ |
| Codfish <i>à la Cabriz</i> | 19,00€ |
| Brothy Monkfish Rice | 22,00€ |
| Codfish " <i>à Lagareiro</i> " (With Garlic and Olive Oil) | 22,00€ |
| Octopus " <i>à Lagareiro</i> " With Garlic and Olive Oil (For One) | 22,00€ |
| Octopus " <i>à Lagareiro</i> " With Garlic and Olive Oil (For Two) | 40,00€ |
| Octopus <i>Cataplana</i> (For Two) | 40,00€ |

MEAT

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| Grilled Chicken Scallops with a Mustard Emulsion | 12,50€ |
| Pork Loin with Mushrooms | 16,50€ |
| Steak " <i>à Portuguesa</i> " | 16,50€ |
| Veal Steak <i>à la Cabriz</i> (For One) | 19,00€ |
| Veal Steak <i>à la Cabriz</i> (For Two) | 39,00€ |
| Grilled Young Goat, Brothy Rice with Beans, Corn Bread with Turnip Greens | 19,50€ |

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DRY-AGED BEEF • Aged for 30 days

Perfect to Share

Rubia Minhota

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| Veal Short Ribs (Approx. 500g) | 20,00€ |
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| <i>Picanha</i> /Rump Steak (Approx. 500g - Perfect for 2 ppl) | 40,00€ |
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| <i>Chuletón</i> /Prime Rib Steak (Approx. 1kg- Perfect for 2 to 3 ppl) | 100,00€ |
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Black Angus

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| <i>Entrecôte</i> (Approx. 500g - Perfect for 2 ppl) | 40,00€ |
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Choose Your Sides

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| Rustic Potatoes with Oregano | 2,50€ |
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| Roasted Vegetables | 3,75€ |
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| Mixed Potatoes with Cheese | 4,00€ |
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| Mushrooms with Eggs and Potatoes | 5,00€ |
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DESSERTS

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| Portuguese Rice Pudding | 3,50€ |
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| <i>Tigelada</i> (Sweet Egg Pie) | 4,00€ |
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| Chocolate Mousse with 85% Cocoa | 4,50€ |
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| Dark Chocolate Brownie with Hazelnut Ice cream | 5,00€ |
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| Figs with Creamy Cheese from Serra da Estrela | 5,50€ |
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| Pear <i>Crème Brûlée</i> | 6,00€ |
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| Sphere with Chocolate and Touriga Nacional | 6,50€ |
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| Cheese Board (For Two) | 12,50€ |
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DAILY SPECIALS

MONDAY

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| Boiled Cod, Potatoes, Cabbage and Eggs | 22,00€ |
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| Organic Chicken <i>Fricassé</i> | 18,00€ |
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TUESDAY

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| Octopus <i>Açorda</i> (With Bread and Coriander) | 22,00€ |
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| Young Goat Stew | 18,50€ |
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WEDNESDAY

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| Fish Stew | 21,00€ |
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| Mushroom Rice, Grilled Pork Neck and Chestnut " <i>Migas</i> " | 18,00€ |
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THURSDAY

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| Pasta Stew with Cod Tongues, Neck and Swim Bladders | 18,00€ |
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| Veal Roast " <i>à Moda de Lafões</i> " | 18,00€ |
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FRIDAY

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| Brothy Rice with Fish from Our Shores and Shellfish | 19,50€ |
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| " <i>Rancho à Moda de Viseu</i> " (Beef Stew) | 15,00€ |
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SATURDAY AND SUNDAY

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| Octopus " <i>à Lagareiro</i> " (With Garlic and Olive Oil) | 22,50€ |
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| Roasted Young Goat <i>à la Cabriz</i> | 19,50€ |
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The prices shown include VAT at the legal rate in effect.

No dish, food product or drink, including the appetizers, can be charged unless it was ordered or rendered unusable by the customer.

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